

**WOLF TRAP FOUNDATION FOR THE PERFORMING ARTS
PRESENTS
*FIELD TRIP FRIDAYS***

***Traveling through a Book of Dreams*
Performed by Milkshake**

Join Lisa, Brian, and Mikel as they sing songs about traveling around the world using their imaginations.



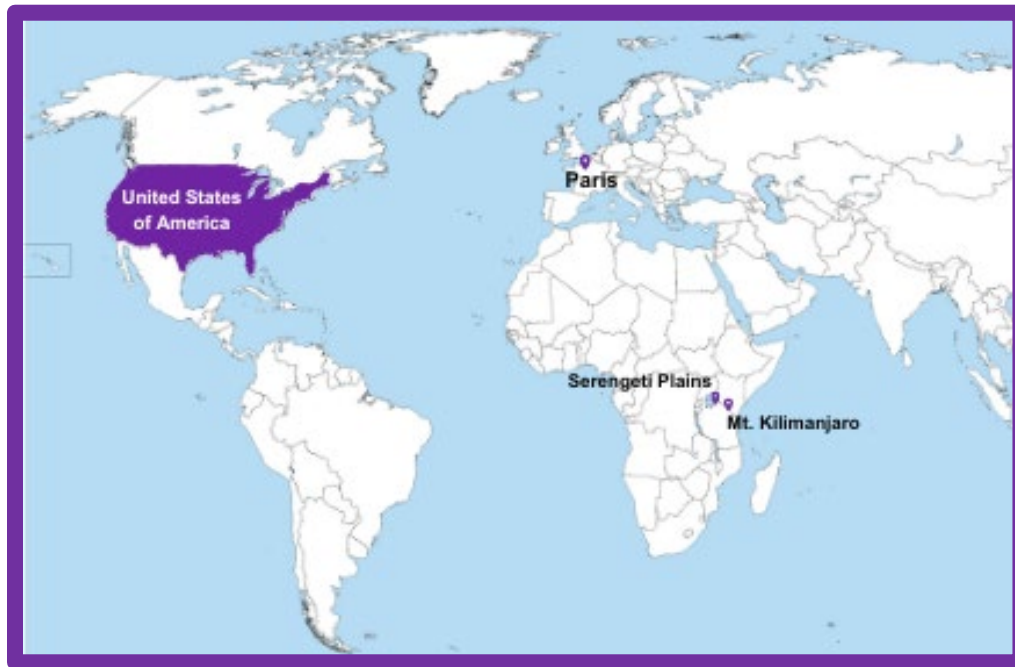
To Prepare for This Experience

- **Have everybody join!** This field trip is highly interactive and includes something for everyone! We encourage you to share this experience with friends and family of all ages.
- **Find an open space.** You will experience opportunities for movement like stretching, moving your arms and jumping in place -- so if possible, join from a space that allows everyone to move freely.
- **Join at your own pace.** Don't worry if your child chooses not to participate in the whole experience, or is shy at first. They will likely be encouraged to join in if they see others participating.

Sights and Sounds



Map



Songs and Lyrics

“Travel Far” written by Milkshake

Chorus:

I...I just wanna see the world, yeah
I just wanna Travel Far, yeah
Put me on a train or plane or real fast car...
I...I just wanna know our world, yeah
I wanna learn who we are, yeah
There's so much to see, oh, come along with me...

We could take a plane to Paris
Walk along Champs El-lisee...whatdya say?
Climb up in the Eiffel Tower and then eat in a café---we'll order crepes
And when the stars come out at night
Paris will be all alright, full of beauty and romance
We can sing and dance...so very elegant.

Chorus

We can ride elephants in Africa,
Cross Serengeti plain...it never rains
Climb up Mt. Kilimanjaro with the clouds beneath our feet

That would be neat.
Lions roar as we explore
Knocking on adventure's door, we can learn the native songs
So much history...it's where we all began.

And when we've seen all there is to see
I hope you come with me and rest beneath a favorite tree.

Chorus

"Book of Dreams" written by Milkshake

I set sail on a golden sea,
rainbows in the sky ahead,
seagulls sing with me.
I go fast, I travel far
riding on wispy waves
all the way to Zanzibar

Chorus:

What do you see?
When you close your eyes?
You have to be looking in your Book of Dreams.
A great big world
More than it seems
You have to be looking in your Book of Dreams.

I come ashore, I find you there
Dancing with butterflies
flowers in your hair.
We spin so fast, we laugh so hard
The clouds look like angels
that smile, wink and nod.

Chorus

If we can walk we can dance
If we can talk we can sing so whole world will hear

We don't have wings, but still we fly
Touch the highest mountaintop while soaring through the sky.
To the stars, or deepest sea
I can go anywhere, be who I want to be.

Chorus

Conversation Starters for Extended Learning

Milkshake loves to travel because every time they do, they learn something new. Each place can teach them about a different language, food, or culture.

- Where are some of the places you've traveled to?
- What did you like about that place?
- What did you learn about that place?

Create Your Own Book of Dreams

Draw pictures of where you would like to go and what you would like to explore and learn while you're there. What might you see, hear, or do while you're there?

Artist Information

To learn more, please visit <https://www.milkshakemusic.com/> and <https://www.youtube.com/milkshakekids>

This program is made possible with support from



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